



March

I pray that March is a month filled with Good News, Many Blessings, New Opportunities, Healing, and Love. Amen.

Year of the Rat

If you were born in the following years you (in the Chinese Calendar) are a RAT:
2020, 2008, 1996, 1984, 1972, 1960, 1948, 1936, 1924, 1912. To go back further just delete another 12 years!

For Men Who Don't listen to their Wives.

My husband didn't listen to me, but he is able to say yes at all the right intervals, so at the end of a one sided conversation, I thanked him for being so generous and agreeing with me that I did well to buy that lovely Gucci bag that I saw earlier in the week! Do you know, its funny how he hung on to every word I said for the next few weeks after that!

Children's Corner

If someone were to pay you 5p for every kind word you had spoken about people, and collect 2p from you for every unkind word, would you be rich or poor?

A Candle

A candle's but a simple thing,
It starts with just a bit of string,
Yet dipped and dipped with patient hand,
It gathers wax upon the strand
Until, complete and snowy white
It gives at last a lovely light.
Life seems so like that bit of string
Each deed we do a simple thing
Yet day by day if on life's strand
We worked with patient heart and hand
It gathers joy, makes dark days bright,
and gives at last a lovely light.

Anonymous.

News of Members

We send our best wishes to Eluned Brown and also to her daughter-in-law Kath Brown who has broken her right arm.



Our Parents.

Our parents cast long shadows over our lives. When we grow up we imagine that we can walk into the sun, free of them, we don't realise until it's too late, that we have no choice in the matter, they're always ahead of us.

We carry them within us all our lives, in the shape of our face, the way we walk, the sound of our voice, our skin, our hair, our hands, our heart. We try all our lives to separate ourselves from them and only when they are dead do we find we are indivisible.

We grow to expect that our parents, like the weather, will always be with us. Then they go, leaving a mark like a hand print on glass, or a wet kiss on a rainy day, and with their death we are no longer children.

Richard Eire

What's on in St Johns

Tuesday 25th February – there is a Pancake Party in the Hall from 4pm to 6pm. Donations to the Building Fund.

On *Sunday 1st March*, Rev Stella Hayton takes the 11am service. This is to be followed by a Faith Lunch for all visitors and congregation. At 3pm there is a Gymanfa Ganu (Come and Sing).

St Johns Church Newsletter



March 2020

Friday 6th March is International Women's Day with the service this year at St Teilo's Catholic Church Hall at 2pm.

Saturday 14th March the Fish and Chip supper and Noson Lawen is in the hall starting 6pm. Tickets (limited number!) at £7 are available from Sue Broomfield.



Sunday 29th 3pm Albany Church, Haverfordwest, Pembrokeshire Churches together service, followed by a tea.

Recipe of the Month

A couple from Llanelli who came to John Hayton's Induction took our February Newsletter home for its recipe! And gave this idea for the next newsletter:

If you wrap carrots, parsnips and swedes individually in tinfoil they will keep in the fridge for up to three months.

Here's this month's recipe

Baked Apple Nachos

Finely slice apples and toss with coconut oil, cinnamon and any other spices to taste. Bake for around 30 minutes, until soft but still holding their shape. Arrange on a plate, then add toppings – try yoghurt, peanut butter, nuts, honey, or chocolate chips.

Right and Wrong

A Sunday School teacher was endeavouring to instil in her class the difference between right and wrong.

"Let's take an example," she said. "If I were to get into a man's pocket and take his purse with all his money, what would I be?"

A little boy raised his hand. "You'd be his wife".

Ichigo ichie

This is a philosophy of a Japanese version of Buddhism.

Saviour this moment as if it were your last breath. You can live only one day at a time, and no one can be certain that they will wake up the next morning. So, let's not postpone happiness. The best moment of your life is always this one.

Free yourself from everything that isn't essential. One can recognise an expert traveller more by what they leave at home than what they carry in their suitcases. Life is a thrilling adventure through which it's best to travel light, so every day, whenever you feel overburdened, ask yourself, "What can I let go of?"

Be your own friend. Rather than comparing yourself to others and worrying about what other people think, assume that you are unique in the world. As the cellist Pau Casals said in a poem written for children: "You are a miracle, and there has never been – nor will there ever be – anyone like you."

Late Orders

A florist's young assistant was having a busy day. All went well until two late orders arrived, and she unfortunately muddled the labels.

In consequence the Bouquet for the bride carried the tag "In Deepest Sympathy" while a sheaf to a local funeral bore the inscription "Hope you will be happy in your new home".

The Church Mouse says:

Nature is painting for us, day after day, pictures of infinite beauty - if only we have eyes to see them.

John Ruskin (1819-1900)



Tenby Arts Club March Dates

Friday 6th "Sailing in Arabia" Margaret Acors
In St Johns Church Hall 7.30pm £5

Friday 13th 'Larks & Magic' a play by Alison
Neil in St Mary's Church Hall £15

Friday 20th Bella Voce concert in St Johns
Church £15

Induction of Rev John Hayton 1st February

Many people from United Reformed and Methodist Churches gathered at St Johns, Tenby on Saturday 1st February 2020 for the induction of Rev. John Hayton, as Team Minister to the South Pembrokeshire Pastorate, working along side his wife Rev. Stella Hayton, and the South West Wales Methodist Church. It was a moving service presided over by the Moderator of the United Reformed Church of Wales, Rev. Simon Walkling, with many ministers and members taking part and the sermon preached by the Rev. Felicity Jepson-Randall, of the South West Wales Methodist Circuit.



Rockhounding

When you are walking pay attention to rocks and stones you see, noticing their colours, shapes, and patterns. Rockhounding is said to help us to interact more with the natural world and to add a more mindful element to outdoor excursions.

Meeting people

Have you ever wished someone a good morning and fallen into conversation with them? Stopped to pet a dog, and been treated to a wet lick and wagging tail? When you give someone your attention, you are opening a way of meeting people.

Can you understand this?

What has four letters, occasionally has twelve letters, always has 6 letters, but never has five letters.

To Greet the Spring...

In the bulb there is a flower
In the seed an apple tree
In Cocoons, a hidden promise
Butterflies will soon be freed.
In the cold and snow of winter
There's a spring that waits to be
Unrevealed until its season
Something God alone can see.

First Verse of Hymn sung in Church on 16th February

Prayer Sessions

During the month of February, at 11am on Wednesdays, Stella led prayer sessions in the Vestry.

Dear Doctor: Can you help me – my youngest child doesn't want to eat meat. With what can I replace it?

Answer: A DOG.....dogs just love meat.

Contributed from a friend in NZ!

Editorial:

Please can I have some contributions for the April Newsletter by March 20th. Please leave them in the box at the back of the church, or send to Shirleybdraper@gmail.com .