



Children's Corner

50 days after Whitsun, the church celebrates Pentecost, the time when the Holy Spirit descended on the Apostles. It is thought that Whitsun comes from White Sunday because of the white robes traditionally worn by those about to be baptized at this popular time.

Delicious Cakes

The congregation has enjoyed again at the after-Church refreshments meeting in the hall on 19th May those lovely cakes made by the Sunday School children and their Mums to raise money to repair the Church wall. £91 was raised the first time.

Poem by Spike Milligan

Smiling is infectious
You catch it like the flue
When someone smiled at me today
I started smiling too
I walked around the corner and
Someone saw me grin
When he smiled I realised
I had passed it on to him
I thought about the smile and
Then realised its worth.
A single smile like mine
Could travel around the earth
So if you feel a smile begin
Don't leave it undetected
Start an epidemic and
Get the world infected!

Albert Einstein said -

Everybody is a genius, but if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.

BBQ

Don't forget everybody is invited to Stella and Johns at the Manse on Friday 14th June at 6-9pm. Please let your elder know if you plan to

come by Sunday 9th June for catering arrangements!

Kite Flying

Come and join in at South Beach at 10.30am on Thursday 30th May to celebrate Ascension Day. Bring everyone for a bit of fun.

Thoughts on hiking by John Muir

I don't like either the word or the thing. People ought to saunter in the mountains not hike! Do you know the origin of the word "saunter"? It's a beautiful word. Away back in the Middle Ages people used to go on pilgrimages to the Holy Land, and when people in the villages through which they passed asked where they were going, they would reply "A la sainte terre" To the Holy Land. And they became known as Sainte-Terre-ers or saunters. Now these mountains are America's Holy Lands and we, said John Muir, ought to saunter through them reverently, not "hike" through them!

Recipe of the Month

On Shirley's recent trip to Lancashire she had a pastry square full of currants, and this was called by children in New Zealand "Fly's Cemetery" for obvious reasons! This recipe was found in one of her NZ recipe books:-
Line a flat tin with pastry, cover thinly with jam. Put a thick layer of currants, or sultanas, raisins, or bit of all. Cover with a layer of thinly sliced apples. Sprinkle with sugar. Cover with a topping of pastry. Shake a little sugar over this and prick with a fork. Bake in a hot oven. Cut into squares when cold.





The Church Mouse says:

If plan A didn't work, the Alphabet has 25 more letters!

Church Ladies Mistakes

Ladies, don't forget the jumble sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Don't let worry kill you off – let the Church help.

To those of you who have children and don't know it, we have a nursery downstairs.

Next Thursday there will be try-outs for the choir. They need all the help they can get.

Christians

A lot of Christians are like wheelbarrows – no good unless pushed. Some are like kites – if you don't keep a string on them, they will fly away.

Some are like kittens – they are more contented when petted.

Some are like balloons – full of air and ready to blow up.

Some are like footballs – you can't tell which way they will bounce next.

Some are like trailers – they have to be pulled.

Some are like neon lights – they keep going on and off.

And some are like a good watch – open face, pure gold, quietly busy and full of good works.

Thai Proverb

Life is so short we must move very slowly.

The Holy Spirit's Fruits

The fruits of the Holy Spirit are:- Love, Joy, Peace, Kindness, Goodness, Faithfulness, Gentleness and Self Control.

Paul of Tarsus letter to the Galatians 5:33

Faith

Faith is confidence in what we hope for, and assurance about what we do not see.

Hebrews 11.1

Holy Humour

A Sunday School teacher began her lesson with a question, "Boys and girls, what do we know about God?" A hand shot up in the air. "He is an artist!" said the kindergarten boy. "Really? How do you know that?" the teacher asked. "You know – Our Father who does art in Heaven..."

There was a very gracious lady who was mailing an old family Bible to her brother in another part of the country. "Is there anything breakable in here?" said the postal clerk. "Only the Ten Commandments." answered the lady.

Mother Teresa (1910 – 1997)

Peace starts with a smile.

News of Members

Carol Brinton Thomas is on holiday in Holland



Judith Keller has arrived to spend another holiday in Tenby. We welcome her to St Johns again. Her daughter Melanie is also joining her for a week soon.





Vera Williams recently celebrated her 93rd birthday.



Marilyn says her mum, Eileen Algate has a chesty cough and has stayed away from church so as not to bother everyone with it.



Keep on filling in the bits of the Jigsaw puzzles in the hall...so that we have a good selection for the Exhibition of Jigsaws starting on 19th July. Or do one at home?

Miracle Gift

Yesterday has gone. Tomorrow may never come. There is only the miracle of this moment. Savor it. It is a gift.

Gooseberries are the month of June's "glut"

Make a gooseberry sauce to go with pork or mackerel to have their fattiness and oiliness offset by the sharpness of the sauce.

Simmer some gooseberries, a little sugar and the head of an elderflower to make a filling for a summery crumble or pie.

Roasting gooseberries in a little honey sweetens and softens them while caramelising them slightly but still allowing them to hold their shape. Tip a spoonful or

two of them, still warm, onto thick Greek yoghurt.

Rhubarb Season is here

The National Trust is making the best of a bumper crop with this recipe:-

Rhubarb and Stem Ginger scones.

Makes 10 large scones.

Preheat oven to 190C. Line a baking sheet with greaseproof paper. Sift 750g self-raising flour and ½ tsp Baking Powder into a bowl. Stir in 185 g caster sugar. Then rub in 185g cubed butter until the mixture resembles fine crumbs. Add 200g rhubarb, peeled and diced quite small and 1 piece of stem ginger in syrup chopped into small dice. Add 200 ml milk and mix till you have a soft slightly wet dough, adding more milk if needed, but do not over mix. Turn out onto a floured surface. Roll out to 3-4cm thick. Stamp out scones using an 8cm round cutter and place on baking sheet. Brush tops with milk. Pop scones in the oven reducing temperature to 180C, and bake 20 minutes until golden.

Thoughts of the month

If we threw our problems into a pile and saw everybody else's, we'd grab ours back. Life isn't tied with a bow, but it is still a gift. What other people think of you is none of your business.

Put in your Diary

The date of Sunday 9th June for the Pentecost Faith Lunch for all members and friends in the Church Hall. Everybody brings a contribution and we have enough for all! It is great fun.

Editorial

The close of date for July Newsletter is 21st June. Please place contributions in box at back of church, or email shirleydraper@gmail.com