



## Editorial

The close off date for June Newsletter is 17<sup>th</sup> May. Shirley thanks everybody for their contributions. Please place them in the box at the back of the church, or email [shirleybdraper@gmail.com](mailto:shirleybdraper@gmail.com)

## The Elimination Diet

Remove anger, regret, worry, resentment, guilt, and blame.

Then watch your health and life improve.

*Charles F. Glassman*

## ST JOHNS GIFT DAY 2019.

The Church Gift Day this year will be on Sunday 9th June which is Pentecost. Special envelopes will be made available a couple of weeks beforehand. This year it is very important that we improve our financial situation as we have increased expenditure due to necessary repairs. This work, to prevent further deterioration of décor and secure loose stone work, will leave us with only a small reserve for future emergencies.

Details were given in a previous newsletter.

The Elders are planning special events and activities to assist in ongoing fund raising. We also noted that we did not have a gift day last year, so we ask that you please be as generous as possible so we can continue the services and activities we support.

## From Judith Keller on internet.

Almost everything will work again if you unplug it for a few minutes, including you. *By Anne Lamot*

## Pause for thought... The U in Jesus

Before U were thought of or time had begun,  
God even stuck U in the name of His Son.  
And each time U pray, you'll see it's true  
You can't spell out JesUs and leave out the U.  
You're a pretty big part of his wonderful name  
For U, He was born; that's why he came.  
And his great love for U is the reason he died.  
It even takes U to spell crucified.  
Isn't it thrilling and splendidly grand,  
He rose from the dead, with U in His plan?  
The stones split away, the gold trumpet blew,

And this word resUrrection is spelled with a U  
When JesUs left earth at his upward ascension  
He felt there was one thing he just had to mention  
"Now go into the world and tell them it's true  
That the love I have shown is not just for U"  
So many great people are spelt with a U,  
Don't they have a right to know JesUs too?  
It all depends now on what U will do,  
He'd like them to know, but it all starts with U

## THE JIGSAW EXHIBITION

You may have heard rumours on the grapevine that the Church will host an exhibition of Jigsaws from about 19th July. Members and friend are invited to do a jigsaw for the exhibition and there are some boards available for these to be assembled on. You can then cover them with cling film for transport to the church. Exact details, such as opening times and days and manning will be decided later, but it will run until 14<sup>th</sup> August which is the date of the Summer fair. We hope to attract many holiday visitors during the period. So please get prepared by doing a jigsaw at home or spend some time on the one ½ done in the Hall so that in July we will have a good display of finished jigsaws.

## Church Meeting

There was no meeting in April, the next one will be on Weds 19<sup>th</sup> June at 2.00pm.

## Barbecue

Stella and John are inviting all members and friends to a Bar-B-Q on Friday 14<sup>th</sup> June at the manse from 6-9pm. To assist with catering arrangements please let your Elder know if you plan to come, by Sunday 9th June please.

## More Photos from Noson Lawen





## Outreach Kite Day

This is on Thursday 30<sup>th</sup> May on South Beach. Start inviting children please! For further details, please ask Stella.

## Big Day Out

This is on 30<sup>th</sup> June to Builth Wells Show Ground. The bus leaves from Kilgetty. Bring your own lunch, and join in lots of different activities. Graham needs names as soon as possible.

## Smartie Tubes

Suzanne Tolley has asked anybody who would like to, to eat a tube of Smarties, and then fill the tube with 1p, 5p, 10p, or 20p's for St Johns Fund Raising for the Church wall inside and out repair.

## News of members

**Eileen Algate : TV Star** - At 98 years old and oldest resident in Amroth, Eileen was interviewed about Amroth's history by "Weatherman Walking" Derek Brockway on his visit last October. It was on TV on 6<sup>th</sup> April!

**Margaret Day** had another grandson, Oliver on the 1<sup>st</sup> April. Rory is now 14 months and into everything, climbing stairs, etc. She sends her love and best wishes to everyone.

**Shirley** thanks everyone for their best wishes when she had a pacemaker put in during day surgery on 10<sup>th</sup> April.

**Eluned Brown** should like to thank all the kind members and friends for the many cards she received on her recent birthday. Also for the

flowers you gave me. They are still lovely! I had a very nice day!

## Children's Corner

Did you see on Country File that Hot Cross Buns originally had a cross pressed into the surface before proving, so that the Bun could be torn into four to give to the poor.

Nowadays, the cross is dough with no rising piped on after proving, before the final baking.

**Recipe of the month: Maids of Honour** (in remembrance of maidens dancing around the Maypole on May Day)

225 g shortcrust pastry

2 tablespoons raspberry jam

50 g of butter softened

100 g of caster sugar

1 egg beaten

A few drops of almond essence

100-150 g ground rice.

Roll out pastry and cut into circles. Line tart tins and smear a little jam into each. Partly cook the tarts in a hot oven for about 10 mins, then take out and leave to cool. Reduce oven temp to 180 degrees.

Mix together butter, sugar, egg, and almond essence and add enough ground rice to make a stiff paste. Put spoonful of mixture into each tart case and return to oven for 25-30 minutes till well risen and golden.

## The Church Mouse says:-

A Saint was asked "what is anger?" He gave a beautiful answer "It is a punishment we give to ourselves for somebody else's mistake.

## Weird Facts

New students learning the Cello call sharps "hashtags" # - Concerto in F Hashtag?

Your fingers have finger tips but your toes don't have toe tips, yet you can tip toe but not tip finger!



To clear a room of flies, put some eucalyptus oil on a cloth, open the door wide and wave the cloth vigorously towards the door. The flies rapidly disappear. Or a fresh bunch of stinging nettles or walnut leaves hung up in the window of the room will prevent the entrance of flies.

### My Sunday "To Do" List

- Count my blessings
- Let go of what I can't control
- Practice kindness
- Listen to my heart
- Just breathe

### Joseph P. Craven Esq.

The death of the above gentleman was announced in the Tenby Observer on 12<sup>th</sup> June 1873. It said that he died on Saturday evening at Forest Lodge, Clapham Park. He was formerly of the manufacturing Merchants firm of Craven, Harrop and Co. in Charles Street, Taunton. The deceased gentleman was about 50 years of age, and he attained a first-class position in the trade some 25 years ago. During the fearful commercial panic of 1857-8, the firm of Craven and Harrop, Dole Mill, Thornton, was compelled to yield to "the pressure of the times", but arrangements were made by the creditors by which all liabilities were paid in full in three, six, and twelve months. The merchandise business was wound up, and Mr Craven confined himself to the manufacturing branch in which he was successful in Thornton, but he still kept his homes in Clapham and Tenby.

Mr Craven was an active member on committees of different societies connected with the Congregation Church, and was a director of the London Missionary Society. He, as the main benefactor at Tenby, donated £1,000 (the equivalent today being £120,583.) for the chapel to be built in in 1868. He also donated a further £300, and additional loan of £700 toward the building of the Manse. Neither would have been erected but for his generosity, and the church has

always responded heartily to his generous proposals. All churches in Tenby and the county always found him a real helper. The spirit of enlightenment and Christian nonconformity in him might teach a lesson to some who were ready to accept his aid, but not so ready to respond to the liberal spirit in which it was offered. He was recently appointed to the Commission of the Peace for the County of Pembroke. The regret at his death at Tenby is deep and universal, in that all the shops of the town being partially closed at the time of his internment. This took place in the burial ground at New Road Chapel, Thornton. The pastor Rev John Lewis, of the Congregational Church, in Warren Street, Tenby intends to preach a sermon of the occasion of the death of this long and faithful friend on Sunday evening June 22<sup>nd</sup> 1873.

*Taken from information given by Ron Hurlow.*

### 102<sup>nd</sup> and 7<sup>th</sup> birthdays

On Sunday 7<sup>th</sup> April, Mrs Eluned Brown celebrated her 102<sup>nd</sup> birthday, and she was joined by Sunday School pupil Madox who celebrated his 7<sup>th</sup> birthday. Rev Stella gave a present to Madox and Sunday School pupil Bethan gave a bouquet to Eluned on behalf of the congregation who then sang Happy Birthday to both of them.



A virus is a Latin word translated by doctors to mean 'Your guess is as good as mine'

*Supplied by Ron Hurlow*